

## Current Residents

### RESIDENTS



**Brad Diephuis** (PGY-3) joined our program with an M.D. and M.B.A. from Harvard. Brad served as president of Harvard Medical School's student council. As a member of the Harvard-MIT Division of Health Science and Technology, Brad conducted a computational project on prognostic factors in head and neck cancer, patented an image processing algorithm to analyze the function of ciliated epithelial cells, and developed an innovative method to measure the viscosity of biological secretions noninvasively, leading to multiple publications. As Innovations Committee Leader in Harvard's Center for Primary Care, Brad developed a text message-based appointment reminder system and is creating a process for automated extraction of structured data from electronic medical records. Brad simultaneously earned his B.S in Electrical Engineering *summa cum laude* from Harvard College and his M.S. in Computer Science from the Harvard School of Electrical Engineering and Applied Science. He served as a software engineer for a medical technology startup and developed a tool to help oncologists identify relevant trials based on the molecular biology of patient's cancers.

**Atrius Health Practice Site:** Cambridge

**Atrius Health Preceptor:** Bob Atkind, MD



**Julia Jezmir** (PGY-3) came to us after completing her MD and MBA at Stanford University, where she was elected to the Gold Humanism Honor Society. Julia received a Soros Fellowship for New Americans at Stanford and a Fulbright award for research in Kenya on multi-drug resistant tuberculosis. She co-founded *Fabric in America*, a social media campaign to celebrate immigrant stories, and co-designed *Roofwanda*, to address the improvement of health through housing in Rwanda. Before medical school, Julia worked for 2 years for Partners in Health, as Assistant to the Russia and Kazakhstan Project in Boston, MA, and Tomsk, Russia. Julia was elected to Phi Beta Kappa at Boston University, where she received her B.A. in Biochemistry and Molecular Biology.

**Atrius Health Practice Site:** Cambridge

**Atrius Health Preceptor:** Mahmoud Moawad, MD



**Sandeep (Sunny) Kishore** (PGY-3) came to us from the Icahn School of Medicine at Mount Sinai where he is a faculty member in the Department of Health System Design & Global Health and former Associate Director of the Arnhold Institute for Global Health. He focuses on care model and policy innovations for chronic disease prevention and control in the US and globally. Over the past decade, he and his colleagues have successfully petitioned the World Health Organization to add ten treatments for chronic disease to the WHO Essential Medicines List. He has served as a civil society delegate and speaker to the United Nations General Assembly through a policy non-profit he founded -- Young Professions Chronic Disease Network. Sunny is a prolific author, serves on the TEDMED Advisory Board, and the steering committee for the National Academy of Medicine Action Collaborative on Clinician Well-Being & Resilience. He received a Paul & Daisy Soros Fellowship for New Americans, has been recognized as a term-member of the Council on Foreign Relations, an Inaugural Emerging Leader for the National Academy of Medicine, and a Fellow at the MIT Dalai Lama Center for Ethics & Transformative Values. Sunny graduated from Duke University with a BS in Biology, received his MD and PhD from the Weill Cornell / Rockefeller / Sloan-Kettering Institute, and earned an MSc in immunology as the Usher Cunningham Scholar at Oxford. He completed his medical internship at Yale.

**Atrius Health Practice Site:** Medford

**Atrius Health Preceptor:** Paul Feiss, MD and Steven Paskal, MD



**Sunny Kung** (PGY-3) joined us from the University of Chicago Division of the Biological Sciences where she will receive her MD from the Pritzker School of Medicine. Sunny was a Telluride Scholar at The Academy of Emerging Leaders in Patient Safety and was one of 5 students at Pritzker to serve as a Bucksbaum Institute Student Scholar. She co-founded and served as executive board member at a student run clinic for Asian Immigrants. Sunny served in the Office of Student Representatives at the Association of American Medical Colleges (AAMC) as the central regional delegate to the National Committee on Community and Diversity. In college at UC Berkeley, Sunny received a BS in bioengineering and was elected to Tau Beta Pi, and Sigma Xi Scientific Research

Society.

**Atrius Health Practice Site:** Cambridge

**Atrius Health Preceptor:** Sabrina Selim, MD



**Amrapali Maitra** (PGY-3) came to our Program after receiving her MD from Stanford University, where she will also receive her Ph.D. in Anthropology. Amrapali was elected to the Gold Humanism Honor Society, received a Soros Fellowship for New Americans as well as a National Science Foundation and Stanford Humanities Center Mellon Fellowships. At Stanford, Amrapali managed the Arbor Free Clinic, and trained and served as a domestic violence advocate at Bay Area shelter. For her Ph.D., Amrapali completed ethnographic research exploring domestic violence, care, and family dynamics in Kolkata, India. In 2017-18, she served as the Presence-Biomedical Ontology Fellow at Stanford, working with Dr. Abraham Verghese. Before medical school, Amrapali worked for Support for International Change on HIV/AIDS

awareness campaigns in rural Tanzania. Amrapali earned her BA in history and literature from Harvard College, where she received highest honors for her thesis on madness in Indian literature.

**Atrius Health Practice Site:** Kenmore

**Atrius Health Preceptor:** Donald Foxworthy, MD, and Shanthi Sridhar, MD

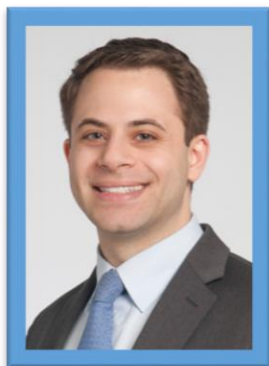


**Allison Vise** (PGY-3) earned her MD from the Icahn School of Medicine at Mount Sinai. During her third year of medical school, she was chosen to be a member of InterACT, a selective, longitudinal, ambulatory care-focused clerkship. She also served as the leader of a student group that trains medical students to be doulas for women undergoing pregnancy terminations. And, she was a primary care provider, Spanish to English interpreter, and leader of all medical student education for EHHOP, the East Harlem Health Outreach Partnership, Mount Sinai's free, student-run clinic. She was awarded by the medical school for her work partnering with chronically ill children and their families, and she presented nationally on research she conducted studying risk factors for poor maternal functional status in the early post-partum period among a cohort of low-income women in East Harlem. Prior to attending

Mount Sinai, she earned a BA from Princeton University, where she majored in Anthropology, and earned minors in African-American Studies and Global Health and Health Policy. For her Princeton senior thesis, she studied norms surrounding sexual and reproductive healthcare provision in the US, and conducted ethnographic research at a reproductive health clinic in Washington, DC, where she also served as a Spanish to English interpreter. Prior to medical school, Allison spent time volunteering in rural healthcare centers in Bolivia, and she conducted research with the NYC Department of Health, co-authoring two papers examining mental healthcare provision for Rikers Island inmates, both of which were published in the *American Journal of Public Health*.

**Atrius Health Practice Site:** Cambridge

**Atrius Health Preceptor:** Leann Canty, MD and Rashika Mathews, MD



**Alexander Chaitoff** (PGY-2) came to us after receiving his MD from the Cleveland Clinic Lerner College of Medicine, where he received the Cleveland Clinic Lerner College of Medicine Merit Scholarship, a Truman Scholarship and a Marshall Scholarship, earning a Master's in Public health from the University of Sheffield, U.K. During all four years of medical school, Alex undertook research at the Center for Value-Based Care at the Cleveland Clinic, assessing areas of healthcare delivery including racial disparities, patient preferences, patient satisfaction, and physician empathy, funded – in part – by a Doris Duke Charitable Foundation grant. Before medical school, Alex co-founded the Pure Water Access project, a 501c3 nonprofit that partners with small organizations to assist them with clean water plans by providing student-led-data analysis and outcome assessment support. He also co-founded “Project

Youthpact,” an eBook for young people in public service. Alex graduated *summa cum laude* from The Ohio State University, with a B.A. in Political Science and a B.S. in Microbiology.

**Atrius Health Practice Site:** Braintree

**Atrius Health Preceptor:** Christopher Teitleman, MD and Scott Souther, MD



**Alison Holliday** (PGY-2) joined us after receiving her MD from Harvard Medical School and a Masters in Public Health from the London School of Hygiene and Tropical Medicine. At Harvard, she received the Roland Jackson Scholarship Award for Medical Education and served as a Foster Scholar in Health, Advocacy, Media and Policy. During medical school, Alison undertook research which assessed leadership and teamwork training to develop a curriculum in leadership, and performed quantitative and qualitative research on Imposter Phenomenon among medical students. Before medical school, Alison worked for three years as Project Manager at Partners HealthCare in the Patient Safety and Quality, Safety and Value Departments,

leading a team to improve transitions of care across 11 hospitals and ambulatory settings. Alison graduated from Stanford University, where she received a B.A. in Human Biology.

**Atrius Health Practice Site:** Braintree

**Atrius Health Preceptor:** Holly Thomas, MD and Ross Reel, MD



**Daniel Nelson** (PGY-2) came to us after receiving his MD from the University of Michigan Medical School, and a Masters in Public Policy from Harvard University's Kennedy School of Government. At the University of Michigan, Daniel received the Charles and Phyllis Lowe Merit Scholarship and was elected to AOA and the Gold Humanism Honor Society. During medical school, Daniel served as President of MedStart, coordinating volunteer groups dedicated to child health promotion and free healthcare for underserved populations. Daniel serves as the primary policy advisor and healthcare outreach director for Reclaim Idaho, aiming to expand Medicaid coverage to 60,000 Idahoans. Daniel has published extensively on his research including econometric evaluation of the outcomes of healthy

behavior incentive programs within Medicaid expansion states; analysis of trends in prior Medicaid reforms; and state level associations between maternal mortality rates and medical and social determinants of health. Daniel graduated *summa cum laude* from Brigham Young University, where he received a B.S. in Microbiology.

**Atrius Health Practice Site:** Watertown

**Atrius Health Preceptor:** Ehsan Azimi, MD



**Kelly Schuering (PGY-2)** joined us after receiving her MD from Vanderbilt University School of Medicine, where she received the Canby Robinson Society Merit Scholarship and was elected to the Gold Humanism Honor Society. Kelly volunteered for the duration of her education at the student run clinic, leading medical student efforts to advance social mission and health equity at Vanderbilt. During her final year there, she served as Director of Social Work, coordinating all aspects of care for patients, and leading a team of eight. During medical school, she was selected as one of 14 students nationwide to serve as a fellow in the Fellowships at Auschwitz for the Study of Professional Ethics program, from which she received a Certificate in Biomedical Ethics. Before medical school, Kelly completed research in India, founded a secondary school scholarship program in Kenya,

and served as a volunteer client advocate in Denver, connecting low income elders with community resources. Kelly graduated *magna cum laude* from Duke University, where she received her B.A. in Public Policy and Global Health.

**Atrius Health Practice Site:** Somerville

**Atrius Health Preceptor:** Elisa Choi, MD



**Khin-Kyemon Aung (PGY-1)** joined us after receiving her MD from Harvard Medical School and her MBA from Harvard Business School. For the past 5 years, Khin served as Managing Editor of *Healthcare: The Journal of Delivery Science and Innovation* and played a pivotal role in growing the national research publication to its current form. Khin's current research focuses on innovative approaches by health systems to address social determinants of health and non-medical needs of patients. She has completed internships at both Iora Health, a multi-state primary care organization; and CareMore Health, an integrated payer-provider system that cares for Medicare Advantage and Medicaid patients. Before medical school, Khin spent a year as a

Fellow at the Center for Medicare and Medicaid Innovation, where she helped design and implement new payment and delivery models for vulnerable populations. Outside of research, Khin has dedicated herself to mentorship and advising, serving as a residential premedical adviser to Harvard College students. Khin graduated from Harvard College, with a BA in Human Evolutionary Biology and Global Health and Health Policy.

**Atrius Health Practice Site:** Copley

**Atrius Health Preceptors:** Moira Cunningham, MD and Francine Monahan, MD



**Jonathan Fried (PGY-1)** joins us after receiving his MD from Harvard Medical School, and a Master of Public Policy from the Harvard Kennedy school of Government. At Harvard, Jonathan ran voter registration drives as vice president of HMS Citizen Physicians and served on the Harvard Center for Primary Care Student Leadership Committee. Jonathan has done research on the financial implications of primary care-based buprenorphine prescribing, assisted a health insurer create new payment models, and developed a quality measurement strategy for the Pennsylvania Rural Health Model. Before medical school, Jonathan worked at the Centers for Medicare & Medicaid Services, where he supported the Comprehensive

Primary Care Initiative, a national effort to transform primary care. Jonathan completed his undergraduate degree at the University of Pennsylvania, where he received a BA in Political Science, and served as a Congressional Intern in the U.S. House of Representatives.

**Atrius Health Practice Site:** Kenmore

**Atrius Health Preceptors:** Sarah Post, MD and Kyle Morawski, MD



**Nathan Petrou (PGY-1)** comes to us after receiving his MD from the University of Massachusetts Medical School. During medical school, Nathan focused his extracurricular time on advocacy for vulnerable populations with extensive volunteer and leadership work at the Worcester Free Clinic Program, by caring for chronically ill children, and completing research on models of HIV care. Nathan has completed basic science research in cardiovascular medicine, contributed to a clinical trial analyzing the impact of a Mindfulness Based Stress Reduction (MBSR) program on physiologic parameters in subjects with an ischemic cardiomyopathy, and contributed to a guide on severe snake envenomation in *The Rational Clinical*

*Examination Education Guides*. Nathan graduated *magna cum laude* with distinction from Kenyon College, with a BA in Molecular Biology.

**Atrius Health Practice Site:** Wellesley

**Atrius Health Preceptors:** John Whyman, MD and Ida Gorenburg, MD



**Delia Shen** (PGY-1) comes to us after receiving her MD from the Albert Einstein College of Medicine of Yeshiva University, where she was elected to the Gold Humanism Honor Society. Throughout medical school, Delia volunteered at Einstein's student-run free clinic, ultimately overseeing 300 students there, and spearheaded initiatives to improve care for uninsured and undocumented people in the greater New York City region. She has also done global health work in Uganda, improving diabetic outcomes in a rural clinic there, and was selected twice to represent Einstein on a

six-person team to the International Emory Global Health Case Competition. Before medical school, Delia spent a year doing qualitative research on behavioral health access as a Coro Fellow in Public Affairs, a competitive national leadership development program. Delia graduated from Washington University in St. Louis with a BA in Biochemistry and Healthcare Management

**Atrius Health Practice Site:** Wellesley

**Atrius Health Preceptors:** Nadaa Ali, MD and Mary Barker, MD

## Alumni

### Atrius Health Alumni

At the end of their training, our graduates emerge with outstanding clinical, leadership and communication skills, broad-based knowledge of clinical epidemiology, health policy and management, as well as sophisticated training as reflective practitioners. These capacities provide the foundation for diverse careers in academic, organizational and clinical leadership.

Graduates of our program populate myriad domains, and include, to name but a few:

- Former Surgeon General (under President Barak Obama), Dr. Vivek Murthy
- Director of the Indian Health Service, Dr. Yvette Robideaux
- Chief Quality Officer at Partners Health System, Dr. Thomas Sequist
- Director of the Internal Medicine Residency at Brigham and Women's Hospital, Dr. Joel Katz
- Vice President, National Committee for Quality Assurance, Dr. Mary Barton
- Director of the Immigrant & Refugee Health Center at Boston Medical Center, Dr. Sarah Kimball
- Chief Medical Information Officer at Atrius Health, Dr. Craig Monsen
- Vice President, Blue Cross Blue Shield of Massachusetts, Dr. Marcy Carty
- President, Primary Care Progress, Dr. Andrew Morris Singer
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## Graduate Reflections of the Program

*"I could not be more enthusiastic about my experience in the Atrius Health primary care track at BWH: a flexible, evolving learning environment that provides the warmest "home within a home" within the larger Brigham residency experience. I was continuously inspired by my stellar colleagues, who are all incredibly kind, thoughtful, and innovative people who are motivated to improve the healthcare ecosystem in broad and meaningful ways. We were supported without question by the program leadership. The HVMA/Atrius program provided an ideal space in which to nourish the humanistic development at the center of becoming a primary care physician, to hone skills in reading the medical literature, and to dream large about the sort of physician-leaders we would like to become and the healthcare system that we envision."*

**-Matthew Growdon, MD**, Class of 2018 (AY 2019-2020: Primary Care Chief Resident at BWH, Boston, MA)

*"I am grateful to have been in a residency program in which everyone -- from the administrators to the attendings to the residents -- cares deeply about one another and about working together to achieve both shared and individual goals. I sense that it's a rare privilege not only in residency training, but in medicine as a whole, to be a part of such a healthy and humane environment. In my PhD studies, I've learned that culture is what separates successful organizations with happy, fulfilled employees from those that struggle, and in my residency search I didn't come across another program that had as empowering and flourishing a culture as this program."*

**-Scott Lee, MD**, Class of 2018 (Assistant Professor of Medicine, Vanderbilt University, Nashville, TN)

*"The BWH-Atrius Health primary care training program provided me with unparalleled opportunity and inspiration. Unlike any other program that I know of, the BWH-Atrius Health program afforded me with tremendous flexibility to explore my wide-ranging interests in mind-body medicine, food policy, physician wellbeing, and more, all in addition to learning primary care in the best imaginable setting. I am forever grateful for the phenomenal support built into the program including Bill as program director; Jim, Kathy, and Amy as Patient-Doctor leaders, Michelle David and Leann Canty as my preceptors, and Dominique as program administrator. This is a program that thrives because of its residents and the constant energy that runs through the training program, and I could not be more grateful and appreciative of everything that I received from this amazing experience."*

**-Jacob Mirsky, MD, MA**, Class of 2018 (Primary Care Physician, Mind-Body Medicine Consultant; Revere Health Care Center and Benson-Henry Institute for Mind-Body Medicine, Massachusetts General Hospital, Boston, MA)

*"I feel so lucky to have trained as part of the BWH-AH-DPM program! I got the sense that there was something special about the program when I was on the interview trail, but it was hard at the time to really articulate why I felt so drawn to it. In retrospect the choice couldn't have been clearer and I would choose it again a hundred times over. The people are by far the greatest strength of the program—I made lifelong friends within our small cohort, nested within the*



*larger family of wonderful people at the Brigham, and topped off with the amazing mentorship and care of our teachers and advisors. But it is also the structure of this residency program that makes it so successful, and allows its trainees to retain their humanity during the grueling years of training. From the weekly sessions in humanism to the resident led curriculum to the flexibility in scheduling vacation days to the (possibly endless) support from faculty in giving us space to explore our passions, the whole experience was absolutely outstanding."*

**-Evan Tschirhart, MD**, Class of 2018 (Primary Care Physician and Virtual Home Hospital, Atrius Health, Boston, MA)

*"There is no other primary care program in the country that is like the Atrius Health. First, this program offered a setting for close one-on-one mentorship with outstanding clinic attendings that lead to relationships that are strengthened by continuity over 3 years. My clinic preceptor hand-picked patients for me and taught me not only about medicine, but also about communication, work-life balance, career development, and so much more. Second, this program allowed for flexibility in scheduling clinics and organizing our curriculum. Much of our didactics are resident-driven, giving us opportunities to improve our teaching skills, learn from the knowledge of our peers, and allow us to ensure our didactics are interactive and tailored to the group's interests. And most importantly, this program is small enough to really feel like a small family focused on mutual support and encouragement. We were always on outpatient blocks as a group, and whenever the group is together hugs and laughter abound."*

**-Lexie Graham, MD**, Class of 2017 (Internist/Primary Care Physician and Medical Educator, Confluence Health, Wenatchee Valley Hospital and Clinics, Wenatchee, WA)

*"The small size of the BWH/AH /DPM program initially felt like a big risk, but I was impressed by the strong sense of community and family. I was grateful for individualized support from the program leadership and for the camaraderie, guidance, and teaching from my insightful, multitalented, caring co-residents. The preceptor model was also big draw for me. I felt very lucky to have two preceptors who provided longitudinal feedback and guidance, and who both truly loved their work as primary care physicians! The breadth of my clinical experience, developing relationships with patients, and working as part of the entire team was one of the most fulfilling pieces of residency."*

**-Elizabeth Richey, MD**, Class of 2017 (Internist/Primary Care Physician and Medical Educator, Yale Health, New Haven, CT)

*"I had the amazing opportunity to learn how to practice primary care medicine in a setting that encourages learning. The most notable thing about the program is its flexibility. You will be able to pursue your diverse interests as part of this program."*

**-Ryan Anderson, MD**, Class of 2017 (Internist/Primary Care Physician and Associate Medical Director for Quality and Safety, MedStar Health, Washington, D.C.)

*"The BWH/AH/DPM program is "Brigham Plus" (a term which I have stolen from a recent graduate of the program). I received all of the benefits of training at a top-flight academic center like BWH, plus the ability to practice in a high-functioning private community practice with great support. From an operations standpoint, Atrius Health serves as a role model in many*

*respects to academic centers. It's also important to remember that the vast majority of healthcare in this country is not delivered at academic centers, so this is an important exposure as well. In terms of the resident experience, I appreciated the strong sense of community that having all 3 years of housestaff rotate together engenders. Just 3 months into my training, I already feel like I know the whole class quite well. We also enjoyed a unique degree of flexibility in ensuring our education meets our needs. There was a lot of peer-to-peer learning and teaching, and we had control as housestaff on the topics we were taught and the speakers we invited."*

**-Anant Vinjamoori, MD**, Class of 2017 (Internist/Primary Care Physician, Kaiser Permanente; Project Manager, Virta Health, San Francisco, CA)

*"I am really lucky to have trained in this unique and wonderful program. Our small group really does feel like a family within the larger residency—I was consistently amazed and inspired by my co-residents. Since we develop and teach our own curriculum, we had the privilege both of learning from each other and working as a team to improve all aspects of our residency experience. Most important, coming out of this program, I feel really prepared to practice primary care. The quality of the clinical experience at the Atrius Health sites is outstanding. We have the privilege of spending long stretches of time on outpatient blocks getting acquainted with and integrated into our own clinics. From my preceptors and the whole clinical team at my site, I learned how to manage a broad range of primary care issues—and also how to build meaningful long-term relationships with patients."*

**-Sarah Post, MD**, Class of 2016 (Internist/Primary Care Physician/Medical Educator, Academic Institute, Atrius Health)

*"Our program is unique in many respects. Sharing our outpatient time together among interns, juniors, and seniors is the part I will miss the most. As an intern, the benefit of having senior residents share their perspective as we discussed cases, the trials of intern year, and life after residency was obvious. Later, I was surprised by just how rewarding and enriching it was to be on the other end of this relationship. Above all, the flexibility of the program is unmatched. After ~25 years of education on rails, I was looking for a program that trusted me to steer my development into a superior clinician while leaving me time to explore my non-clinical interests. I'm happy to say that this worked out better than I could have hoped: I'm feeling confident in my clinical skills and excited about pursuing a career that fits both my clinical and non-clinical interests."*

**-Craig Monsen, MD**, Class of 2016 (Fellow in Informatics, University of Washington; Medical Director of Analytics and Reporting, Atrius Health)

*"The program at BWH/AH/DPM has been one of immense support and possibility. I came to Boston from the West Coast with a bit of trepidation, feeling a bit like Dorothy from the wizard of Oz, and concerned that I was blown off course. With the open arms of leadership, the structural mechanisms that allow for a fair amount of resident autonomy, and fellow residents that have a deep desire to relieve suffering caused by human disease, I found a place that would serve as a launching pad for a career in medicine. I am confident that this was the best program for me, and that anyone coming to the program will have a similarly uplifting experience."*

**-Kyle E. Morawski, MD**, Class of 2015 (Graduate of Fellowship in Healthcare Delivery Sciences, BWH; Internist/Primary Care Physician, Atrius Health)

*"One of the most unique and transformational components of the Atrius Health/HVMA program is how much flexibility there is built into the program to let you build the kind of expertise that you want. I feel that I got an amazing education and given the trust and freedom to be able to deeply explore and engage in human rights work (my area of interest) in a way that completely shaped how I think of myself as a clinician and physician. In Atrius Health/HVMA, your individual voice and interest are truly celebrated as part of the richness that you can bring to the whole group."*

**-Sarah Kimball, MD**, Class of 2014 (Internist/Primary Care Physician, Co-Director, Immigrant and Refugee Health Program, Boston Medical Center; Assistant Professor of Medicine, Boston University School of Medicine)

*"The BWH/AH/DPM program provided an incredible opportunity to learn from such talented and humble physicians, teachers and researchers in a supportive and nurturing environment."*

**-Andrea Wershof-Schwartz, MD, MPH**, Class of 2014 (Geriatrician/Clinical Educator, VMAC; Fellow in Education, Academy at Harvard Medical School; Instructor in Medicine, Harvard Medical School)

## Recent BWH/AH/DPM Alumni List and Current Positions

### Class of 2020

**Nora Becker, MD PhD**, Assistant Professor of Medicine, University of Michigan, Minneapolis, MN

**Kham Kidia, MPhil, MD**, Hospitalist, Brigham and Women's Hospital, Boston, MA

**Brian Powers, MD, MBA**, Deputy Chief Medical Officer, Humana, Boston, MA

**Aaron Schwartz, MD, PhD**, Assistant Professor of Medicine, University of Pennsylvania, Philadelphia PA

### Class of 2019

**Richard Joseph, MD**: Research Fellow in Medicine, Brigham & Women's Hospital, Boston, MA

**Haley Thun, MD**: Internal Medicine Physician, Gallup Indian Medical Center, Gallup, NM

## Class of 2018

**Matthew Growdon, MD:** Geriatrician, USCF

**Scott Lee, MD:** Assistant Professor of Medicine, Vanderbilt University, Nashville, TN

**Jacob Mirsky, MD, MA:** Primary Care Physician, Mind-Body Medicine Consultant, Revere Health Care Center and Benson-Henry Institute for Mind-Body Medicine, Massachusetts General Hospital, Boston, MA

**Evan Tschirhart, MD:** Primary Care Physician and Virtual Home Hospital, Atrius Health, Boston, MA

## Class of 2017

**Ryan Anderson, MD:** Internist/Primary Care Physician and Associate Medical Director for Quality and Safety, MedStar Health, Washington, DC

**Lexie Graham, MD:** Internist/Primary Care Physician and Medical Educator, Confluence Health, Wenatchee Valley Hospital and Clinics, Wenatchee, WA

**Elizabeth Richey, MD:** Internist/Primary Care Physician and Medical Educator, Yale Health, New Haven, CT

**Anant Vinjamoori, MD:** Internist/Primary Care Physician, Kaiser Permanente; Project Manager, Virta Health, San Francisco, CA

## Class of 2016

**Chethan Bachireddy, MD:** Chief Clinical Innovation Officer, Medicaid, VA; National Clinician Scholars Program, University of Pennsylvania

**Shubha Bhat, MD:** Assistant Medical Director, Design and Innovation, Ampersand Health; Primary Care Physician at CityLife Neighborhood Clinics, Philadelphia, PA

**Craig Monsen, MD:** Chief Information Officer, Director Center for Analytics and Informatics, Atrius Health)

**Sarah Post, MD:** Internist/Primary Care Physician/Medical Educator, Academic Institute, Atrius Health

## Class of 2015

**Kyle E. Morawski, MD:** Internist/Primary Care Physician, Atrius Health

**Matthew Goldstein, MD, PhD:** Head of Immunology, Tango Therapeutics

**Luis Ticona, MD, MPP:** Associate Medical Director for Strategy, BMC; Massachusetts General Physician's Organization; Assistant Professor of Medicine, Boston University School of Medicine

**YiDing Yu, MD:** Founder, Twiage; Internist/Primary Care Physician, Atrius Health; Instructor in Population Medicine, Harvard Medical School

### **Additional Sections:**

## **AY21 Atrius Health Clinical Sites and Preceptors**

### **Braintree**

The Braintree practice currently has 11 primary care internists with a reasonably diverse, mostly motivated patient population in what is the fastest-growing geographic area in the state. Braintree is a southern working-class suburb of Boston, approximately 13 miles from the Brigham. The patients at the Braintree Center reflect the broad socio-economic mix of the area. Current residents at Braintree: Alison Holliday, PGY2 and Alexander Chaitoff, PGY2.

#### **Ross Reel, MD – Resident: Alison Holliday, PGY2 (Co-preceptor with Dr. Thomas)**



I have been working at the Braintree Center in Primary Care Internal Medicine for 24 years. In addition to working in the clinic, I spent several years working in the Extended Care Facilities Program, taking care of patients in chronic care facilities. These patients included those receiving rehabilitation, and custodial care. Prior to that, I worked for a staff model HMO in Southern California, where I worked in a geriatric clinic and also as the triage physician at one of the HMO's hospitals. My clinical interests include geriatrics and learning to take advantage of the electronic medical record for patient education. I have been involved the Epicare design committee, a group of clinicians involved in implementing automated text features in to make Epicare easier to use. I also am on the Atrius Health Internal Medicine QA subcommittee and am interested in how we can use our electronic record to assure better quality care. I a physician supervisor for Braintree

for the Intensive Home Based program, to improve post-hospital care. I have been a preceptor in the Primary Care Residency program for the last 20 years.

I am married and have two grown children and live in Cohasset, a small town by the sea. My interests include spending time with my family, rowing, reading and writing music. I share an interest in languages with my daughter. I am interested in teaching, not only in the residency program and with my patients, but also with my son, Max, who has autism.

#### **Scott Souther, MD – Resident: Alexander Chaitoff, PGY2 (Co-preceptor with Dr. Christopher Teitleman)**



I am from the South Shore. I went to college at Fairfield University. I worked as an EMT for a short time and then went to medical school at AUC. During that time I did my clinical rotations in Brooklyn, NY. After finishing medical school I did my IM residency at Roger William Medical Center in Providence, RI. I finished there in 2016 and started here at Atrius Health in Braintree. I have a couple of kids and spend most of my free time playing with them.

Holly Thomas, MD, PhD – Resident: Alison Holliday, PGY2 (Co-preceptor with Dr.

Reel)



I grew up in upstate New York. Our family struggled financially so although I had a Regents Scholarship to pay for tuition, I had to work to help keep the family afloat (I lived at home during college). When I graduated from Syracuse University, I decided to do graduate work rather than medical school because I perceived it as more intellectually challenging.

Initially I went to Johns Hopkins to pursue a program in epidemiology. This turned out to be a poor decision but not a total bust since I met my future husband there. From Hopkins I transferred to Tufts and obtained a PhD in molecular biology. I then did a postdoctoral fellowship at Harvard in the department of Biochemistry. While I truly loved basic science I came to realize that I am too much of a people person to be

cooped up in a lab and so I applied to medical school and was accepted to U Mass.

Of course, all this time the old “biological clock” was ticking and it became apparent that children and medical training would have to happen coincidentally. Luckily, U Mass was very flexible. My first son, Zubin, was born at the end of second year and my younger son, Shailin, at the end of fourth year

In 2012 I experienced medical care from the other side as I was diagnosed with colon cancer. I underwent the full treatment; surgery, port placement and 6 months of chemo. I believe that experience has made me a much better clinician.

I live on the south shore with my husband, sons, and two dogs. I am faithfully at the gym every morning doing cardio or weight lifting depending on the day. I love to read and I used to do choreography. I am hoping to find an outlet for my dancing genes but so far I haven’t located a venue close enough to home (which makes me think I have to organize something for people like me).

## Christopher Teitleman, MD – Resident: Alexander Chaitoff, PGY2 (Co-preceptor with Dr. Scott Souther)



Medicine for me was part of a family legacy. My grandfather had considered medical school but couldn't afford it so he became an engineer instead. My father was a dentist and my mom a social worker working in the psychiatry ward at Beth Israel Hospital in Boston. As a teen I was affected by the AIDS crisis and the panic and uncertainty that came with it. I started out as biology major in college but quickly changed to economics after becoming disenchanted with genetics. I kept up with pre-medical courses and was able to do well enough to apply to medical school. I chose to study at Tufts Medical School and live in Boston. From there I ended up at Beth Israel Hospital for internship and residency. In my training years I was attracted to the intellectual side of primary care. I chose to do a primary care residency followed by a year in a general medicine fellowship.

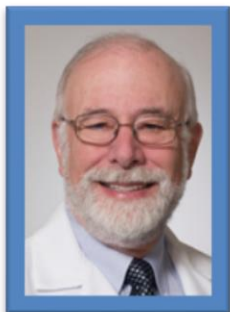
After working in another primary care practice and as a hospitalist, I chose to work at Atrius Health in Braintree. It felt like a well supportive collegial practice more aligned with my prior experience in a residency clinic. The past 4 years I have been serving as the Chief of our department.

On a personal level I am the father of 4 children, 3 of whom will be in college next year. I enjoy fitness and am currently focused on weight training to stay fit. I have 2 dogs and enjoy walks with them in the woods. Other hobbies include reading, gardening and spending time with my family.

## Cambridge

The Cambridge practice has been caring for residents of Cambridge, Somerville, Arlington, and other nearby cities and towns since 1979. The office is conveniently located between Harvard and Inman Squares, opposite Cambridge Rindge and Latin School and next to the Youville and Cambridge Hospitals. The Cambridge practice provides primary care for adults and children, as well as a wide range of medical and surgical specialty care. Current residents at Cambridge: Allison Vise, PGY3, Sunny Kung, PGY3, Julia Jezmir, PGY3, and Brad Diephuis PGY3

## Robert Atkind, MD – Resident: Brad Diephuis, PGY3



I trained at Boston City Hospital. I know you know it by a different name now, but that historical name will always be emblazoned in my memory. The training program was intensive and exhausting, and it pushed us to our physical and mental limits and sometimes beyond. I dabbled in ER medicine, intensive care, and hospitalist work for years. Over time, as patients attached themselves to me after an in-patient stay, I started spending more time managing their long term needs.

Everything changed for me when I came to Atrius Health. Atrius Health is committed to providing patients and clinicians with an outstanding primary care outpatient experience. It is more than lip service; it is in the DNA of the organization.

Residents that spend time with us have an opportunity to learn how first-rate primary care can be practiced. We are at the forefront of the medical home model, and we refine our methods for care delivery on a regular basis.

Our model of team-based care introduces the resident to a coordinated system of care where staff at different levels of training and expertise coordinate the work to manage our diverse population of patients. An ever-increasing percentage of the care we deliver is outside of the exam room. Without population management, case

management and social service, providing comprehensive care for our patient panels would not be possible. Residents are exposed to the complexity of system-based outpatient care but also have an opportunity of developing personal relationships with their patients. Residents will grow a panel of patients that return to see them on a longitudinal basis over the course of their training program.

Those residents who are interested in “Primary Care-Plus” can, if they choose, be exposed to population management, medical administration, medical informatics, and cutting-edge innovation.

#### Leann Canty, MD – Resident: Allison Vise, PGY3 (Co-preceptor with Dr. Rashika Mathews)



I’ve been a primary care physician since finishing my residency at Boston City Hospital in 1991. I have a particular interest in caring for older patients. The last sixteen years of practice I’ve been at Atrius Health in Cambridge. As I was in the primary care tract at BCH, I was fortunate to have had two wonderful outpatient continuity clinics which reinforced my initial attraction to this specialty. My interest in geriatrics led to my second continuity clinic, which was with Boston Home Care, doing home visits. Visiting homebound elders in Dorchester and South Boston was without a doubt the greatest learning experience in my medical training. Seeing people in their own homes provides a much deeper knowledge of them than seeing them in the clinic ever can. Seeing people at home also gave me real awareness of the dignity and autonomy of each patient, which can sometimes be obscured in the glare of the exam room and the drape

of the ‘johnny’.

Although I no longer have the good fortune of seeing patients in their homes regularly, what I learned doing home care has stayed with me ever since – and I still make the occasional visit to patients in their homes. Working at Atrius Health has been a great experience. I’m fortunate to have an awesome team of support staff who work with me, and knowledgeable and helpful colleagues to learn from. I love collaborating with specialists in our multi-specialty practice. And, after more than fifteen years caring for my patient panel, what I most love is the special relationships that I have with the patients who entrust me with my care.

When I’m not working (which admittedly, is a bit too much of the time!), I enjoy spending time with my family, which includes an anesthesiologist spouse and two amazing teenagers. I love to bake, knit and read, but what really drives me in my spare time is environmental activism. I am very involved in trying to combat climate change, which I feel is the biggest threat to the health of our planet, and all its inhabitants, in the coming decades.

#### Rashika Mathews, MD – Resident: Allison Vise, PGY3 (Co-preceptor with Dr. Leann Canty)



Dr. Rashika Mathews has been a primary care physician at Atrius since 2001 where she has been involved in medical student and resident teaching. She completed her primary care internal medicine residency at Boston Medical Center.

After residency, she worked at the Aga Khan Hospital in Tanzania for 1 year as a teaching attending, providing education to staff and updating treatment protocols.

Currently, she is the co-medical director of Agape Global Health, a non-profit Boston based organization which provides health care in Haiti.

Her interests include providing care to minority populations and women, global health, and incorporating mindfulness practice in healthcare.



### Mahmoud Moawad, MD – Resident: Julia Jezmir, PGY3

I was graduated from the Medical school at the University of Alexandria and completed my Internal Medicine residency training at Mulhenberg Hospital in New Jersey, followed by General Internal Medicine Fellowship at SUNY-Stony Brook and Columbia University in New York. Prior to joining Atrius Health in 2008, I received my Masters degree in Public Health from the University of Pittsburgh and worked as a consultant in Internal Medicine at King Faisal Specialists Hospital & Research Center in Riyadh, Saudi Arabia. During this period, I served as head of GIM division, head of anticoagulation management services, chairman of evidence-based working group, co-chairman of research ethics committee and chairman of the protocol (VIP) clinic. In addition to being an internist at Atrius Health, I serve as an Anticoagulation Management consultant and a preceptor for 2 medical student courses.

I am married with three grown children. My main hobby is soccer. I played in the Egyptian first division league, was captain of the University of Alexandria team many years ago and continue to play at the Over the Hill Soccer League in Boston. I enjoy watching Egyptian movies, soccer and tennis.

### Sabrina Selim, MD – Resident: Sunny Kung, PGY3

I received my undergraduate degree from UC Berkeley as a pre-med/molecular biology major. There, I had the humbling experience to work at a neighborhood homeless shelter with patients who were often disenfranchised or denied even basic care which spurred my interest in caring for the underserved and immigrant populations.

During a time of soul searching and wondering where my career was going, I decided to fulfill another lifelong dream of joining the Peace Corps and to literally live amongst the poorest people on the planet. I spent two magical and eye-opening years in Niger, West Africa- living in a very small village where many had never even seen a white person before. I learned the local language (Hausa), lived in a mud hut and tried to spread the very basic (to us) fundamentals of hygiene, clean water, and nutrition. I worked with a local midwife to deliver babies, sewed up wounds, weighed malnourished children and worked the fields with farmers to encourage growing beans, peanuts and other protein-rich foods, which many lacked.

Needless to say, it was a complete shock for me to transition straight to medical school (this time I was accepted to Dartmouth) from this raw experience in the African bush. It took a year to get my bearings in this American life of abundance, and to focus on the future rather than immediate survival (let alone the contrast between arid 120 degree days in the bush to -30 degree wintery New Hampshire). I finally learned how to cope and then thrive in the intense world of studying and learning, but my time in Africa reinforced my desire to be a doctor who worked in a community who takes care of people over time, seeing them through both the beauty of life and the fading of it at the end.

After completing my residency in family practice, also at Dartmouth, I worked at Cambridge Hospital which prides itself in caring for the underserved. After 6 years of dedicating myself to this practice, I came to Atrius Health in January 2016. I am struck daily by the medical needs that we all face, regardless of socioeconomic status. My panel is a mix of geriatrics- with the diagnoses of cancer and chronic disease, and an insurgence of younger patients trying to plan for their own families and futures. It has been a time of growth and learning which I hope will continue for all the years that I practice medicine.

My husband, two children (ages 4 and 6) and I are very happy to be living within walking distance from the Cambridge office. We love to cook, spend time outdoors, garden, play sports and travel. I practice bikram yoga several times/week. I am fluent in French and make a mean margarita!

## Copley

The Copley practice has approximately 13 internists. Its patient population is diverse and draws from several communities: hotel workers, office workers, the neighborhoods of Chinatown, the South End and Back Bay and those communities on the Orange line. The staff have various backgrounds and speaks languages other than English, such as Spanish and Chinese. Current residents at Copley: Khin-Kyemon Aung, PGY1

[Moira Cunningham, MD, MPH – Resident: Khin-Kyemon Aung, PGY-1\(Co-preceptor with Dr. Monahan\)](#)



Before medical school, I worked as a Physician Assistant in Cardiology and Hypertension. I left the East Coast to go to medical school at UCSF in San Francisco in 1980. I had a great time in medical school and learned to speak Spanish during my rotations in the Mission District of SF. I completed my internship at Highland General Hospital the Oakland public hospital and had my first child in the same year. To provide more flexibility in my schedule, I attended UC Berkeley School of Public Health where I received my MPH in Epidemiology. My family and I moved East in 1986 and I did a year of research at BWH Hospital using my newly acquired Epi skills. I worked at Brookside Neighborhood health Center during that year to keep up my clinical skills. I then resumed Internal Medicine training at Boston University where I completed my residency and had another baby(!). After passing the Internal Medicine Boards, I took a job at the Martha Eliot Neighborhood Health Center where I cared for a largely Spanish-speaking, generally poor community.

I have been at Atrius Health now for 25 years, and am Chief of Internal Medicine at the Copley Center. I feel fortunate to be a doctor and I truly enjoy clinical medicine. I participate in medical school teaching in the first year interviewing a communication skills course which is near and dear to my heart as well as the 2<sup>nd</sup> year office based PCC course. I enjoy working with residents as I feel that we continue to learn from each other in new ways. My patient population draws from several communities: hotel workers, office workers, the neighborhoods of Chinatown, the South End and Back Bay and those communities on the Orange line. I see most of the Spanish-speaking patients in the office and one of my colleagues is bilingual in Chinese. Our office is supported by staff with various backgrounds who speak languages other than English, such as Spanish and Chinese.

[Francine Monahan, MD, MPH – Resident: Khin-Kyemon Aung, PGY1 \(Co-preceptor with Dr. Cunningham\)](#)



After graduating from college, I worked and travelled for a few years. I was a Biology Pre-med major in college, but I was not ready to go to medical school when I graduated. I had several jobs including working in a couple of labs at Mass General. I enjoyed doing the research and lab work, but over time, I came to realize that I did want to become a physician. So, I began the long process of MCATs, essays, applications, interviews, etc. I was thrilled when I was accepted to medical school. My time off helped me to really think about my goals and interests. I was very motivated to succeed when I went to medical school. Also, I knew I wanted to go into primary care medicine when I started.

I did my residency training at Brigham and Women's. I am one of the early graduates of the BWH/AH/DPM primary care internal medicine residency. I knew this program would prepare me well for a career in clinical medicine and I was right. I currently practice at the Copley Center (I have been here for 16 years) which is also where I had my residency practice. Moira Cunningham, our chief, was my preceptor and it is a great experience for me to continue to work with her. Before coming back to Copley, I did practice at two BWH internal medicine practices. I happily came back to Copley when my BWH practice was merged with Atrius Health. At the time, I just had my first child and was looking to cut back my practice time a little. Copley was in need of a part time physician, so it all worked out. I have since had another child and have recently increased my practice time again. Some of my clinical interests include preventive medicine and women's health.

I was originally drawn to primary care medicine because of the long term relationships you develop with patients. This, for me, remains a very rewarding part of my career. I have always had an interest in teaching as well. My relationship with my preceptor when I was a resident was a very important part of my training and an experience I still draw on even today. I would like to provide a similar learning experience for future trainees because I know it would be as educational for me as it would be for them.

Just a couple of other items-I grew up just outside of Boston (GO SOX!). My husband is not a physician (he works in high tech) and I have 2 daughters who keep me on the go!

**Kenmore**

The Kenmore practice has approximately 24 internists, many specialists and an imaging center that includes MRI, CT scan and cardiac stress testing. It is the largest of the Atrius Health centers and is located about 1 mile from Brigham and Women's Hospital, in the Fenway neighborhood of Boston. Its patient population is very diverse: ethnically, socioeconomically, and clinically. Current residents at Kenmore: Jonathan Fried, PGY1 and Amrapali Maitra, PGY3.

**Donald Foxworthy, MD – Resident: Amrapali Maitra, PGY3 (Co-Preceptor with Dr. Shanthy Sridhar)**



I went to the University of Michigan for medical school and residency and have been in practice at Kenmore for thirty-four years now. I have been a residency preceptor in the BWH/AH/DPM Primary Care Residency Program the entire time. Kenmore draws heavily from the urban and poorer communities in Boston, as well as some more affluent suburbs and Boston University. Thus the primary care practice here is extremely diverse from both from a socioeconomic, ethnic, and clinical perspective. Kenmore has more than 50% ethnic minorities, among which many speak Spanish, Creole, or Russian as their first language. The practice here also has the highest concentration of specialists among all Atrius Health sites.

My own practice has evolved from a large concentration in HIV medicine and treatment of patients with dual diagnoses (medical and psychiatric problems) toward a more geriatric focus. I am involved in some geriatric projects for the department, but the majority of my day is absorbed with straightforward primary care. My time outside of work is predominantly absorbed by my family. My wife and I have two children with whom I spend most of my time.

**Shanthy Sridhar, MD – Resident: Amrapali Maitra, PGY3 (Co-Preceptor with Dr. Donald Foxworthy)**



I went to Kilpauk Medical College, Madras University for medical school and did Internal Medicine Residency at Madras University and at St. Louis University. I have been practicing at Harvard Vanguard Medical Associates since 2000. I have thoroughly enjoyed teaching medical students from the PCC program at Harvard Medical School and precepting residents from the BWH/AH/DPM program since 2001. I find this to be a very enriching experience and I cannot overstate the fun and joy that teaching bring to my practice.

My patient population is about 80% female, most of them, middle aged and elderly, and very diverse socioeconomically. My work involves a lot of Chronic Disease Management and coordinating with many specialties. Team based management provides the crucial support in our practice. My interests outside work include spending time with my family, listening to music, taking long walks and trying my hand at gardening (disclosure- don't have a green thumb).

**Sarah Post, MD – Resident: Jonathan Fried, PGY1 (Co-Preceptor with Dr. Ship and Dr. Morawski)**



I am a graduate of the BWH/AH/DPM residency program and am very grateful to have had the opportunity to train in this unique and remarkable program. I decided on primary care early on in my medical school years and have never looked back—the chance to develop meaningful long-term relationships with patients, and the daily (really—daily!) opportunities to learn and grow, have made primary care a really rewarding career for me so far. Atrius is a great place to learn how to be a PCP. The patients get very good care here and the access to specialists and other services right in the building or nearby is terrific. I also have an interest in medical education -- both teaching residents and students and in developing innovative programs to improve how we learn to care for patients at all stages of our careers. I'm a true East Coast lifer, having grown up in Washington DC and lived in Philadelphia and New York after college, before ending up in Boston. I'm still getting used to the traffic situation, but you

can't beat the weather! (Well, in the summer.) In my spare time I enjoy hiking, somewhat inept gardening, ocean swimming, and playing chamber music. I live in Jamaica Plain with my husband (a statistician), our one- and three-year olds (two energetic toddlers), and our cat (a cat).

### **Kyle Morawski, MD – Resident: Jonathan Fried, PGY1 (Co-Preceptor with Dr. Post and Dr. Ship)**



I am a 2015 graduate of the BWH/AH/DPM program. I came to the program from Loma Linda University School of Medicine, where I completed medical studies, and Harvard School of Public Health, where I completed my public health studies. After residency, I completed an implementation research fellowship at BWH, where I studied the effect of a smartphone application on medication adherence amongst non-controlled hypertensive patients. My other research includes analyzing the effect of primary care providers teaming with scribes on patient experience, and the effect of a communication tool for internal medicine residents on time to contact the correct person in the hospital. I work in both primary care and urgent care at Atrius Health, along with innovation and research throughout the organization.

## **Medford**

The Medford practice has approximately 10 internists. It is located in the heart of Medford Center, about 10 miles north of the Brigham. The Medford practice has been caring for residents of Medford, Malden, Melrose, Winchester, Saugus and many other nearby cities and towns since 1982. The office is conveniently located just off Route 93, across from the Medford City Hall. Current residents at Medford: Sandeep (Sunny) Kishore, PGY3.

### **Paul Feiss, MD – Resident: Sunny Kishore, PGY3 (Co-Preceptor with Dr. Paskal)**



I have been practicing at the Atrius Health Medford site for 37 years, mostly with the same practice partner Bev Ketchen, NP. We share a rewarding practice with many long-term patients and some three-generational families. We have had many residents over the years who appreciated my diverse group of patients, who are mainly working-class salt-of-the-earth types like my parents, but with some Tufts professors and Mass Health (Medicaid) patients as well. I also have a partnership with Charlie Hoar in mental health here looking after a group of patients with opiate addiction now on suboxone.

I went to the University of Minnesota Medical School and trained there. More importantly, I met my wife Peg there sharing call as interns. We have 3 daughters: Meaghan a pediatrician in Atlanta also caring for my 3 grandchildren, Ellen is a Phd candidate in Art History at University of California at Berkeley, and Anna is finishing her

second year of medical school at UCSF. I enjoy gardening and anxious wait for the soil to warm up each spring. I play tennis and celebrate afterwards with friends every Tuesday.

### **Steven Paskal, MD – Resident: Sunny Kishore, PGY3 (Co-Preceptor with Dr. Feiss)**



I finished the Primary Care Internal Medicine residency program at Boston City Hospital unsure of next steps and spent the next year covering a faculty practice at BCH and working in a small hospital emergency room in Central Massachusetts. That year convinced me I wanted to practice primary care and the next year I joined the Medford practice at Atrius Health. 35 years later I am in the same practice and happy with that decision.

During this time, in addition to a rewarding practice, I have been site coordinator and preceptor in both the BWH/AH/DPM program and the Harvard Medical School primary care student rotation. I have also been a member of our group's Physician Council and Internal Medicine Department Chief. More recently I served as an elected member of the Harvard Vanguard Board of Trustees and currently am a member of the Atrius Clinical Advisory Committee. Almost 20 years ago I was widowed after my wife's long

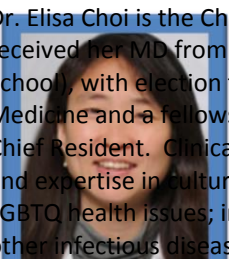
struggle with breast cancer and gave up non-clinical activities to practice part time (now 3/4 time and away from the office on Wednesdays) and spend more time with my 4 children. Now that they are older and married with infant children, I enjoy spending time again with a resident.

My practice is a good combination of geriatrics and chronic disease, well-preventive care and acute illnesses. We have a very strong practice team with experienced Nurse Practitioners, RN's and support staff who, in addition to trying to provide great patient care, try get to know and share stories with our patients and have a good time working together. The combination of this patient population and staff should make the drive to Medford worth the extra time.

## **Somerville**

The Somerville practice provides primary care for adults and children, and a wide range of medical and surgical specialty care to residents of residents of Somerville, Arlington, Cambridge, Belmont, Medford, Malden, and other nearby cities and towns since 1990. The office is conveniently located in the heart of Davis Square, next to the MBTA station Holland Street exit (Red Line). Current Residents at Watertown: Kelly Schuering, PGY2

## Elisa Choi, MD – Resident: Kelly Schuering, PGY2



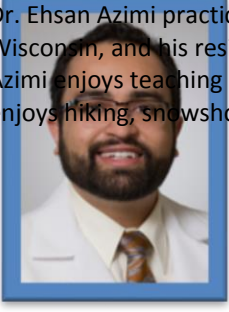
Dr. Elisa Choi is the Chief of Atrius Health's Somerville Internal Medicine/Family Medicine practice. Dr. Choi received her MD from the University of Medicine and Dentistry of New Jersey (now Rutgers New Jersey Medical School), with election to Alpha Omega Alpha (AOA) Medical Honor Society. She completed residency in Internal Medicine and a fellowship in Infectious Diseases at Beth Israel Deaconess Medical Center, where she served as a Chief Resident. Clinically, Dr. Choi is Board Certified in Internal Medicine and Infectious Diseases, and has interest and expertise in culturally competent care of health issues of Asian-Pacific Islander and minority populations; LGBTQ health issues; immigrant health care; healthcare disparities; and care of patients with HIV, hepatitis, and other infectious diseases.

Dr. Choi is the current Governor of the MA chapter of the American College of Physicians (ACP), and serves on the Executive Committee of the national ACP Board of Governors. She is also a member of the Board of Directors of Asian Task Force Against Domestic Violence (ATASK), and is a current Board Member and Chair Emeritus of the Board of Directors of the Massachusetts Asian Pacific Islanders for Health (MAP for Health). Dr. Choi recently completed her tenure as a state-appointed Commissioner of the Commonwealth of MA Asian American Commission (AAC), where she also served as a Chairperson and Vice-Chairperson on the Executive Committee of the AAC, and Chair of the Health and Human Services Committee, focusing her efforts on advocacy for and on behalf of the health issues affecting Asian American & Pacific Islander communities of MA.

### Watertown

The Watertown practice has been caring for residents of Watertown, Waltham, Belmont, Newton and other nearby cities and towns since 1987. The office has approximately 12 primary care internists and is conveniently located on Arsenal Street, right next to the Arsenal Mall. The Watertown practice provides primary care for adults and children, as well as a full range of medical and surgical specialty care. Current Residents at Watertown: Daniel Nelson, PGY2

## Ehsan Azimi, MD – Resident: Daniel Nelson, PGY2



Dr. Ehsan Azimi practices and teaches in Watertown. Dr. Azimi received his MD from the Medical College of Wisconsin, and his residency at hospitals affiliated with Medical Colleges of Wisconsin, in Milwaukee, WI. Dr. Azimi enjoys teaching learners at all levels, and caring for patients of diverse backgrounds. In his free time, he enjoys hiking, snowshoeing, and cooking.

### Wellesley

The Wellesley practice has been caring for residents of Wellesley, Framingham, Newton, Natick, Needham, and other nearby cities and towns since 1980. The office has approximately 14 primary care internists and the office is conveniently located on Route 9 near the intersection with Route 128.

Our practice provides primary care for adults and children, as well as a wide range of medical and surgical specialty care. Current Residents at Wellesley: Nathan Petrou, PGY1 and Delia Shen, PGY1

## John Whyman, MD – Resident: Nathan Petrou, PGY1 (Co-Preceptor with Ida Gorenburg)



I was born in New York City and grew up on Long Island. I went to Princeton, where I majored in history, and then to Harvard Medical School. My residency training was in family medicine and internal medicine, which included time at Brigham and Women's Hospital, Children's Hospital, Cambridge Hospital and Harvard Community Health Plan (now Atrius Health).

My practice began at the Cambridge Center, and after four years I moved to the Wellesley Center, where I have continued to practice ever since.

Much of my teaching experience has been with Harvard medical students. Until recently I was the Director of the Patient Doctor II Course at the Atrius Health site for second year medical students. I have now transitioned to Associate Director of the new Practice of Medicine course for first year medical students at BIDMC. I have also had medical students from the Primary Care Clerkship in my office for many years. Internal medicine house staff from BIDMC and the Brigham have done outpatient rotations in my office.

My practice at the Wellesley Center is diverse in age distribution but I have many Geriatric patients who have been with me for my entire career. Providing care to my patients is a true privilege and very rewarding in my ability to have a positive impact on their lives. I am looking forward to sharing that privilege with a Primary Care Resident.

My wife and I live in Wellesley, and we have three grown sons. My son, Jeremy, is completing his training and will be joining the staff at BIDMC this summer. My wife is an attorney, who specializes in negotiating and mediating family law settlements.

**Ida Gorenburg, MD – Resident: Nathan Petrou, PGY1 (Co-Preceptor with John Whyman)**



I have been practicing at Atrius Health since 2004. This was my first job out of residency, which I did at Georgetown. I spent my first three years here in Cambridge, then moved to the Wellesley office, where I settled in. In addition to practicing, I enjoy teaching medical resident and students.

I love the variety and continuity of primary care. It is a field which keeps you on your toes, because even experienced attendings will need to learn something new every day. I love teaching because it lets me share that learning process.

I am process-oriented and do a lot of work with the Epic Design committee, as well work looking at best clinical practices. Because of my administrative work, I have limited clinical hours. I partner with Dr. Whyman in the residency teaching program.

**Nadaa Ali, MD - Resident: Delia Shen, PGY1 (Co-Preceptor with Mary Barker, MD)**



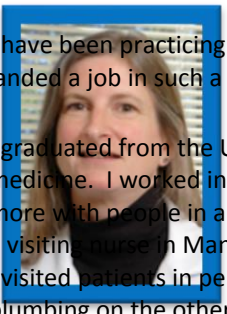


**Dr. Nadaa Ali** received her Bachelor of Science degree in Neuroscience and History from Tulane University in New Orleans, Louisiana, and her medical degree from Tulane University's School of Medicine. Dr. Ali completed her residency in internal medicine and primary care at Brigham and Women's Hospital in Boston, Massachusetts. She was awarded the Karen Kaufman Memorial Book Award for compassionate care and teamwork in primary care. During residency, her research focused on using real patients as volunteers in medical education and identifying differences in health care utilization in Muslim patients during Ramadan.

Dr. Ali completed her fellowship in Medical Education at Brigham and Women's Hospital. She has a master's degree in education from Harvard's Graduate School of Education. Dr. Ali was recruited to the Division of Medical Communications and the Division of General Medicine in the Department of Medicine at Brigham and Women's Hospital in 2015. While there, Dr. Ali was the Director of the Integrated Teaching Unit and Harvard Medical School's Foundational Continuity Clinic at Brigham and Women's Hospital. In April 2018, Dr. Ali joined Atrius Health as a primary care physician – and has enjoyed precepting residents from the Brigham and Women's Hospital Internal Medicine Department at Atrius Health.

Dr. Ali's primary teaching interests focus on an innovative program to improve communication skills using volunteer patients, fine arts to facilitate team building in medicine, and a faculty development program to educate clinicians on providing culturally and religiously competent care to Muslim patients in the United States. Dr. Ali has taught in the Humanistic Curriculum for Brigham and Women's Internal Medicine Residency program and served on the Needham Human Rights Committee.

### **Mary Barker, MD - Resident: Delia Shen, PGY1 (Co-Preceptor with Nadaa Ali, MD)**



I have been practicing at Harvard Vanguard Wellesley for the last 25 years. I consider myself very lucky to have landed a job in such a collegial group, and a group that is so devoted to teaching.

I graduated from the University of Michigan with a degree in Biology, but with no thought at the time of going into medicine. I worked in basic science as a research assistant, and gradually came to realize that I would rather work more with people in a clinical setting. After finishing my BSN at Columbia University School of Nursing, I worked as a visiting nurse in Manhattan for 3 years-- a fascinating experience. I probably saw every ethnic group in the city as I visited patients in penthouses on one end of the spectrum, to 5th floor walk-up apartments with no working plumbing on the other. I worked initially with an elderly population, and then joined the IV team, which served almost exclusively AIDS patients, in the early 80's before the days of any specific treatment for that disease. These experiences made me interested in learning more about medicine in depth, and with the support of my family I was able to go to medical school in Virginia (in my 30's). I have always been interested in primary care, probably because of my nursing experience. I like reading about patients' experiences of illness. I wrote an essay myself, about a medical problem that I had as a teenager, and how that gives me perspective on my work now, which was published in *Jama* in 2011.

