Harvard Vanguard Medical Associates
Atrius Health

Behavioral Health Fellowship Program

July 1, 2018 - June 30, 2019

The Behavioral Health Fellowship is a one-year, full-time (40 hours/week) interdisciplinary program open to post-doctoral psychologists and social workers who have completed a Master's degree and will obtain their LCSW prior to treating patients. The program provides in-depth training in time-effective therapy within the context of an integrative primary and multi-specialty medical group. Fellows practice and receive supervision at Harvard Vanguard Medical Associates (HVMA), a non-profit, multi-specialty medical group practice that provides health care to almost 495,000 adult and pediatric patients at more than 20 offices in eastern Massachusetts. All fellows provide Behavioral Health care to a caseload of general psychotherapy patients, and will also elect a subspecialty focus in Trauma, Eating Disorders, Addictions, or Women's Mental Health.

The fellowship includes three training components: general and subspecialty-area psychotherapy skill development; subspecialty research and program development; and teaching / consultation-liaison experience.

Psychotherapy skill development

Skills for the practice of effective, time-limited therapy in an integrative Behavioral Health context will be developed through weekly didactic seminars and individual / group supervision. Fellows attend seminars that feature presentations by and consultation with experienced behavioral health clinicians with expertise in a wide variety of clinical areas. The seminar also offers consultation on clinical cases, on practice management, and on administrative issues relevant to contemporary behavioral health practice.

Fellows will also complete rotations in which they will receive intensive training in modalities of time-limited therapy (for example, Dialectical Behavioral Therapy; Acceptance and Commitment Therapy; Motivational Interviewing; and Trauma-Informed Care) taught by expert trainers. Upon completion of this training, fellows will participate in ongoing supervision and consultation to allow them to refine their tools and skills in each modality.

The third component of fellowship training is focused upon the development of clinical expertise in the four subspecialty areas within the Department of Behavioral Health at HVMA: Trauma, Eating Disorders, Addictions, and Women's Mental Health. Led by content-area experts and programming leaders, the seminars will complement the general clinical skill development by providing in-depth knowledge of the

unique challenges and opportunities presented by providing care for these diagnoses and patients in a medical setting. All fellows will receive training in each subspecialty area.

Research / Program Development in Subspecialty Area

Each fellow will select an area of subspecialty interest and will be assigned to a faculty mentor. The fellow will collaborate with their mentor to develop, implement, and evaluate a project that addresses the needs of the subpopulation of Behavioral Health patients or the clinicians who care for them within the subspecialty area. Examples of projects include development of group protocol; identification of best practices for clinical care and creation of curricula based on these practices; analyses of outcome data for current patients; and creation of in-service programming for medical and nursing providers.

Teaching in the Subspecialty Area

Under the guidance of their faculty mentor, fellows will develop and facilitate training in their identified subspecialty area. This might include providing consultation to medical staff about working with challenging patients or diagnoses; creating in-service trainings for department clinicians; or teaching fellows from other disciplines or subspecialty areas.

Program History

The Behavioral Health Fellowship has graduated more than 300 fellows over the past thirty years. Over 90 of these fellows have been hired by Harvard Vanguard Medical Associates, a fact that attests to the high quality of our participants and the excellence of our training. Fellows have gone on to assume leadership positions within HVMA and in the larger community. Harvard Vanguard Medical Associates provides a unique site for this fellowship. Outstanding clinicians practice primary and specialty care with a strong focus on prevention, early detection of disease, and effective management of chronic illness. Patient care is expertly coordinated and linked by a state-of-the-art medical records system. HVMA has a long-standing teaching mission and its clinicians are recognized as leaders and innovators in clinical education. Many act as teachers, preceptors, lecturers and tutors for Harvard Medical School, area graduate schools, and advanced practice clinician academic programs.

Informational Meetings

Thursday, November 30, 2017
Wednesday, December 6, 2017
9:30am-11:00am.
Harvard Vanguard Medical Associates
Conference Room 3A & B
133 Brookline Avenue, Boston 02215

Please RSVP to Jamie Kotch at 617-867-4937
or jamie_kotch@hphc.org

For questions, contact: James Donovan at 781-431-5239 or
Elisabeth_Morray@AtriusHealth.org

Application/Selection Process

The Fellowship Committee will review all applications. Finalists will be offered interviews in February 2018; final selection decisions will be made in early March 2018. The fellowship lasts 12 months and begins July 1, 2018. We are accepting resumes on-line and invite you to apply through our web site: http://www.harvardvanguard.org/careers Go to category : Clinical Professional

When you apply on-line:

- Your resume will be immediately directed to our human resources department and then to hiring managers for consideration
- You will receive instant notification on-line confirming that your information/resume has been received
- If you do not have a resume to copy and paste, you have the option to complete a resume/work history on-line.

Applications must be received by January 5, 2018.

After you apply, you will be contacted if your qualifications and experience are seen as a possible match for a fellowship position. At that point, you will be asked to provide us with (1) a statement of your future professional goals and an explanation of how participation in this fellowship would enhance those goals (2) your CV and (3) three letters of recommendation, preferably from current clinical supervisors.

Regretfully, due to the high volume of applicants interested in employment opportunities, we are not always able to provide ongoing information on the status of a resume once it has been submitted.

Eligibility Requirements and Compensation

Social Workers must have completed their Master's Degree and possess an LCSW license or the equivalent prior to treating patients. Psychologist applicants who have completed requirements for their PhD and a minimum of a one year pre-doctoral internship.

Fellows are salaried employees who receive medical and dental benefits through Harvard Vanguard Medical Associates, along with paid time off.

<u>Comments by previous fellows:</u>

Harvard Vanguard was a perfect landing ground for my post graduate work. I felt respected, engaged, and inspired in all aspects of the fellowship. The sheer volume of clinical work exposed me to a vast range of patients and presentations, which has been invaluable in broadening and integrating my knowledge base, as well as honing my clinical skills. In my transition from student to professional, HVMA provided me with a network of wonderful mentors, colleagues, and friends in the field. I was grateful to leave the fellowship feeling confident and optimistic about my career, and supported in my next steps.

Meg Connolly, PhD

It is hard to imagine how I could be enjoying my current work without the fellowship .The seminars introduced us to many experienced practitioners. Our peer group led by two wise therapists helped each of us grow into our role as therapists. The clinical experience with its excellent supervision provided an opportunity to work in a multi-disciplinary practice. At the beginning of the year I wondered how I'd ever feel ready to practice, at the end I felt ready and eager to get started.

Beth Schuller, MSN, RN

Just being introduced to such a wide range of talent and differing perspectives from therapists, to clinicians, to administrators – all contributed synergistically to broadening my knowledge of and enthusiasm for the field. I was exposed to a full range of outstanding and helpful clinical work, seminars and training. I really enjoyed the fellowship; it was a tremendous learning experience.

John Moynihan, MSW, LCSW

SELECTED BIBLIOGRAPHY OF HVMA AUTHORS

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